



IAH-HEL

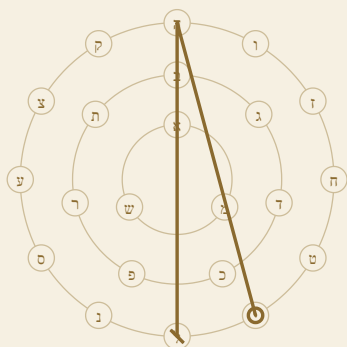
יההאל

ANGEL 62 OF THE 72 · CHOIR OF THE ARCHANGELS

WHEN (YOUR ANGEL BY DAY)	Jan 26 – Jan 30 · Aquarius 305°–310° (decan)
CHOIR · ARCHANGEL	Archangels · Michael
SEPHIRA · FORCE	Hod · Venus
THE GIFT	Wisdom, desire for solitude/retreat, tranquillity, philosophy
THE SHADOW TO WATCH	Scandal, restlessness, fruitless agitation
NAME MEANS	"Supreme Being"

THE SIGIL

A · ROSE-CROSS (OUR OWN)



B · CLASSIC SEAL

classic seal added soon

HOW TO CALL IAH-HEL — STEP BY STEP

1. Do the **LBRP** first — clear and protect your space.
2. Face the **sunrise / east**; light a candle if you like.
3. Draw or place the **sigil** before you, and rest your gaze on it.
4. Vibrate the Name softly and slowly, at least three times: **Iah-Hel**.
5. Read the **Psalm** below, aloud and unhurried.

6. Speak, in the present tense, what you are aligning with — wisdom, desire for solitude/retreat, tranquillity, philosophy. Sit in the presence a while.

7. **Thank** the angel; close by repeating the Qabalistic Cross.

PSALM 119 — IN FULL

¹ Blessed are the undefiled in the way, who walk in the law of the LORD.

² Blessed are they that keep his testimonies, and that seek him with the whole heart.

³ They also do no iniquity: they walk in his ways.

⁴ Thou hast commanded us to keep thy precepts diligently.

⁵ O that my ways were directed to keep thy statutes!

⁶ Then shall I not be ashamed, when I have respect unto all thy commandments.

⁷ I will praise thee with uprightness of heart, when I shall have learned thy righteous judgments.

⁸ I will keep thy statutes: O forsake me not utterly.

⁹ Wherewithal shall a young man cleanse his way? by taking heed thereto according to thy word.

¹⁰ With my whole heart have I sought thee: O let me not wander from thy commandments.

¹¹ Thy word have I hid in mine heart, that I might not sin against thee.

¹² Blessed art thou, O LORD: teach me thy statutes.

¹³ With my lips have I declared all the judgments of thy mouth.

¹⁴ I have rejoiced in the way of thy testimonies, as much as in all riches.

¹⁵ I will meditate in thy precepts, and have respect unto thy ways.

¹⁶ I will delight myself in thy statutes: I will not forget thy word.

¹⁷ Deal bountifully with thy servant, that I may live, and keep thy word.

¹⁸ Open thou mine eyes, that I may behold wondrous things out of thy law.

¹⁹ I am a stranger in the earth: hide not thy commandments from me.

²⁰ My soul breaketh for the longing that it hath unto thy judgments at all times.

²¹ Thou hast rebuked the proud that are cursed, which do err from thy commandments.

²² Remove from me reproach and contempt; for I have kept thy testimonies.

²³ Princes also did sit and speak against me: but thy servant did meditate in thy statutes.

²⁴ Thy testimonies also are my delight and my counsellors.

²⁵ My soul cleaveth unto the dust: quicken thou me according to thy word.

- ²⁶ I have declared my ways, and thou heardest me: teach me thy statutes.
- ²⁷ Make me to understand the way of thy precepts: so shall I talk of thy wondrous works.
- ²⁸ My soul melteth for heaviness: strengthen thou me according unto thy word.
- ²⁹ Remove from me the way of lying: and grant me thy law graciously.
- ³⁰ I have chosen the way of truth: thy judgments have I laid before me.
- ³¹ I have stuck unto thy testimonies: O LORD, put me not to shame.
- ³² I will run the way of thy commandments, when thou shalt enlarge my heart.
- ³³ Teach me, O LORD, the way of thy statutes; and I shall keep it unto the end.
- ³⁴ Give me understanding, and I shall keep thy law; yea, I shall observe it with my whole heart.
- ³⁵ Make me to go in the path of thy commandments; for therein do I delight.
- ³⁶ Incline my heart unto thy testimonies, and not to covetousness.
- ³⁷ Turn away mine eyes from beholding vanity; and quicken thou me in thy way.
- ³⁸ Stablish thy word unto thy servant, who is devoted to thy fear.
- ³⁹ Turn away my reproach which I fear: for thy judgments are good.
- ⁴⁰ Behold, I have longed after thy precepts: quicken me in thy righteousness.
- ⁴¹ Let thy mercies come also unto me, O LORD, even thy salvation, according to thy word.
- ⁴² So shall I have wherewith to answer him that reproacheth me: for I trust in thy word.
- ⁴³ And take not the word of truth utterly out of my mouth; for I have hoped in thy judgments.
- ⁴⁴ So shall I keep thy law continually for ever and ever.
- ⁴⁵ And I will walk at liberty: for I seek thy precepts.
- ⁴⁶ I will speak of thy testimonies also before kings, and will not be ashamed.
- ⁴⁷ And I will delight myself in thy commandments, which I have loved.
- ⁴⁸ My hands also will I lift up unto thy commandments, which I have loved; and I will meditate in thy statutes.
- ⁴⁹ Remember the word unto thy servant, upon which thou hast caused me to hope.
- ⁵⁰ This is my comfort in my affliction: for thy word hath quickened me.
- ⁵¹ The proud have had me greatly in derision: yet have I not declined from thy law.
- ⁵² I remembered thy judgments of old, O LORD; and have comforted myself.
- ⁵³ Horror hath taken hold upon me because of the wicked that forsake thy law.
- ⁵⁴ Thy statutes have been my songs in the house of my pilgrimage.

- ⁵⁵ I have remembered thy name, O LORD, in the night, and have kept thy law.
- ⁵⁶ This I had, because I kept thy precepts.
- ⁵⁷ Thou art my portion, O LORD: I have said that I would keep thy words.
- ⁵⁸ I intreated thy favour with my whole heart: be merciful unto me according to thy word.
- ⁵⁹ I thought on my ways, and turned my feet unto thy testimonies.
- ⁶⁰ I made haste, and delayed not to keep thy commandments.
- ⁶¹ The bands of the wicked have robbed me: but I have not forgotten thy law.
- ⁶² At midnight I will rise to give thanks unto thee because of thy righteous judgments.
- ⁶³ I am a companion of all them that fear thee, and of them that keep thy precepts.
- ⁶⁴ The earth, O LORD, is full of thy mercy: teach me thy statutes.
- ⁶⁵ Thou hast dealt well with thy servant, O LORD, according unto thy word.
- ⁶⁶ Teach me good judgment and knowledge: for I have believed thy commandments.
- ⁶⁷ Before I was afflicted I went astray: but now have I kept thy word.
- ⁶⁸ Thou art good, and doest good; teach me thy statutes.
- ⁶⁹ The proud have forged a lie against me: but I will keep thy precepts with my whole heart.
- ⁷⁰ Their heart is as fat as grease; but I delight in thy law.
- ⁷¹ It is good for me that I have been afflicted; that I might learn thy statutes.
- ⁷² The law of thy mouth is better unto me than thousands of gold and silver.
- ⁷³ Thy hands have made me and fashioned me: give me understanding, that I may learn thy commandments.
- ⁷⁴ They that fear thee will be glad when they see me; because I have hoped in thy word.
- ⁷⁵ I know, O LORD, that thy judgments are right, and that thou in faithfulness hast afflicted me.
- ⁷⁶ Let, I pray thee, thy merciful kindness be for my comfort, according to thy word unto thy servant.
- ⁷⁷ Let thy tender mercies come unto me, that I may live: for thy law is my delight.
- ⁷⁸ Let the proud be ashamed; for they dealt perversely with me without a cause: but I will meditate in thy precepts.
- ⁷⁹ Let those that fear thee turn unto me, and those that have known thy testimonies.
- ⁸⁰ Let my heart be sound in thy statutes; that I be not ashamed.
- ⁸¹ My soul fainteth for thy salvation: but I hope in thy word.
- ⁸² Mine eyes fail for thy word, saying, When wilt thou comfort me?

- ⁸³ For I am become like a bottle in the smoke; yet do I not forget thy statutes.
- ⁸⁴ How many are the days of thy servant? when wilt thou execute judgment on them that persecute me?
- ⁸⁵ The proud have digged pits for me, which are not after thy law.
- ⁸⁶ All thy commandments are faithful: they persecute me wrongfully; help thou me.
- ⁸⁷ They had almost consumed me upon earth; but I forsook not thy precepts.
- ⁸⁸ Quicken me after thy lovingkindness; so shall I keep the testimony of thy mouth.
- ⁸⁹ For ever, O LORD, thy word is settled in heaven.
- ⁹⁰ Thy faithfulness is unto all generations: thou hast established the earth, and it abideth.
- ⁹¹ They continue this day according to thine ordinances: for all are thy servants.
- ⁹² Unless thy law had been my delights, I should then have perished in mine affliction.
- ⁹³ I will never forget thy precepts: for with them thou hast quickened me.
- ⁹⁴ I am thine, save me; for I have sought thy precepts.
- ⁹⁵ The wicked have waited for me to destroy me: but I will consider thy testimonies.
- ⁹⁶ I have seen an end of all perfection: but thy commandment is exceeding broad.
- ⁹⁷ O how love I thy law! it is my meditation all the day.
- ⁹⁸ Thou through thy commandments hast made me wiser than mine enemies: for they are ever with me.
- ⁹⁹ I have more understanding than all my teachers: for thy testimonies are my meditation.
- ¹⁰⁰ I understand more than the ancients, because I keep thy precepts.
- ¹⁰¹ I have refrained my feet from every evil way, that I might keep thy word.
- ¹⁰² I have not departed from thy judgments: for thou hast taught me.
- ¹⁰³ How sweet are thy words unto my taste! yea, sweeter than honey to my mouth!
- ¹⁰⁴ Through thy precepts I get understanding: therefore I hate every false way.
- ¹⁰⁵ Thy word is a lamp unto my feet, and a light unto my path.
- ¹⁰⁶ I have sworn, and I will perform it, that I will keep thy righteous judgments.
- ¹⁰⁷ I am afflicted very much: quicken me, O LORD, according unto thy word.
- ¹⁰⁸ Accept, I beseech thee, the freewill offerings of my mouth, O LORD, and teach me thy judgments.
- ¹⁰⁹ My soul is continually in my hand: yet do I not forget thy law.
- ¹¹⁰ The wicked have laid a snare for me: yet I erred not from thy precepts.
- ¹¹¹ Thy testimonies have I taken as an heritage for ever: for they are the rejoicing of my heart.

¹¹² I have inclined mine heart to perform thy statutes alway, even unto the end.

¹¹³ I hate vain thoughts: but thy law do I love.

¹¹⁴ Thou art my hiding place and my shield: I hope in thy word.

¹¹⁵ Depart from me, ye evildoers: for I will keep the commandments of my God.

¹¹⁶ Uphold me according unto thy word, that I may live: and let me not be ashamed of my hope.

¹¹⁷ Hold thou me up, and I shall be safe: and I will have respect unto thy statutes continually.

¹¹⁸ Thou hast trodden down all them that err from thy statutes: for their deceit is falsehood.

¹¹⁹ Thou putttest away all the wicked of the earth like dross: therefore I love thy testimonies.

¹²⁰ My flesh trembleth for fear of thee; and I am afraid of thy judgments.

¹²¹ I have done judgment and justice: leave me not to mine oppressors.

¹²² Be surety for thy servant for good: let not the proud oppress me.

¹²³ Mine eyes fail for thy salvation, and for the word of thy righteousness.

¹²⁴ Deal with thy servant according unto thy mercy, and teach me thy statutes.

¹²⁵ I am thy servant; give me understanding, that I may know thy testimonies.

¹²⁶ It is time for thee, LORD, to work: for they have made void thy law.

¹²⁷ Therefore I love thy commandments above gold; yea, above fine gold.

¹²⁸ Therefore I esteem all thy precepts concerning all things to be right; and I hate every false way.

¹²⁹ Thy testimonies are wonderful: therefore doth my soul keep them.

¹³⁰ The entrance of thy words giveth light; it giveth understanding unto the simple.

¹³¹ I opened my mouth, and panted: for I longed for thy commandments.

¹³² Look thou upon me, and be merciful unto me, as thou usest to do unto those that love thy name.

¹³³ Order my steps in thy word: and let not any iniquity have dominion over me.

¹³⁴ Deliver me from the oppression of man: so will I keep thy precepts.

¹³⁵ Make thy face to shine upon thy servant; and teach me thy statutes.

¹³⁶ Rivers of waters run down mine eyes, because they keep not thy law.

¹³⁷ Righteous art thou, O LORD, and upright are thy judgments.

¹³⁸ Thy testimonies that thou hast commanded are righteous and very faithful.

¹³⁹ My zeal hath consumed me, because mine enemies have forgotten thy words.

¹⁴⁰ Thy word is very pure: therefore thy servant loveth it.

¹⁴¹ I am small and despised: yet do not I forget thy precepts.

¹⁴² Thy righteousness is an everlasting righteousness, and thy law is the truth.

¹⁴³ Trouble and anguish have taken hold on me: yet thy commandments are my delights.

¹⁴⁴ The righteousness of thy testimonies is everlasting: give me understanding, and I shall live.

¹⁴⁵ I cried with my whole heart; hear me, O LORD: I will keep thy statutes.

¹⁴⁶ I cried unto thee; save me, and I shall keep thy testimonies.

¹⁴⁷ I prevented the dawning of the morning, and cried: I hoped in thy word.

¹⁴⁸ Mine eyes prevent the night watches, that I might meditate in thy word.

¹⁴⁹ Hear my voice according unto thy lovingkindness: O LORD, quicken me according to thy judgment.

¹⁵⁰ They draw nigh that follow after mischief: they are far from thy law.

¹⁵¹ Thou art near, O LORD; and all thy commandments are truth.

¹⁵² Concerning thy testimonies, I have known of old that thou hast founded them for ever.

¹⁵³ Consider mine affliction, and deliver me: for I do not forget thy law.

¹⁵⁴ Plead my cause, and deliver me: quicken me according to thy word.

¹⁵⁵ Salvation is far from the wicked: for they seek not thy statutes.

¹⁵⁶ Great are thy tender mercies, O LORD: quicken me according to thy judgments.

¹⁵⁷ Many are my persecutors and mine enemies; yet do I not decline from thy testimonies.

¹⁵⁸ I beheld the transgressors, and was grieved; because they kept not thy word.

¹⁵⁹ Consider how I love thy precepts: quicken me, O LORD, according to thy lovingkindness.

¹⁶⁰ Thy word is true from the beginning: and every one of thy righteous judgments endureth for ever.

¹⁶¹ Princes have persecuted me without a cause: but my heart standeth in awe of thy word.

¹⁶² I rejoice at thy word, as one that findeth great spoil.

¹⁶³ I hate and abhor lying: but thy law do I love.

¹⁶⁴ Seven times a day do I praise thee because of thy righteous judgments.

¹⁶⁵ Great peace have they which love thy law: and nothing shall offend them.

¹⁶⁶ LORD, I have hoped for thy salvation, and done thy commandments.

¹⁶⁷ My soul hath kept thy testimonies; and I love them exceedingly.

¹⁶⁸ I have kept thy precepts and thy testimonies: for all my ways are before thee.

¹⁶⁹ Let my cry come near before thee, O LORD: give me understanding according to thy word.

- ¹⁷⁰ Let my supplication come before thee: deliver me according to thy word.
- ¹⁷¹ My lips shall utter praise, when thou hast taught me thy statutes.
- ¹⁷² My tongue shall speak of thy word: for all thy commandments are righteousness.
- ¹⁷³ Let thine hand help me; for I have chosen thy precepts.
- ¹⁷⁴ I have longed for thy salvation, O LORD; and thy law is my delight.
- ¹⁷⁵ Let my soul live, and it shall praise thee; and let thy judgments help me.
- ¹⁷⁶ I have gone astray like a lost sheep; seek thy servant; for I do not forget thy commandments.

Held honestly. The angel is the **light pole**; each of the 72 pairs with a Goetia spirit (the shadow pole) — worked only with the angel, behind protection, and that is Advanced work. The map is not the verdict: your **own** felt connection is as valid as any table. *The heavens incline; they do not compel.*

Sources: the 72 of the Shem ha-Mephorash (Exodus 14:19–21); the classic seals trace to Arsenal MS 2495 (18th c.); Psalm in the King James Version (public domain). Take the technique, never the tribe.

Belong to yourself.